

BERNALILLO COUNTY PARKS & RECREATION

# Weight Loss Competition

**BEGINS**

May 4, 2015

**ENDS**

August 3, 2015



## Requirements:

- Only Bernalillo County employees and Rio Grande Fitness Center members are eligible.
- Must be enrolled at Rio Grande Fitness Center.
- Must be weighed by a fitness staff member.

## Sign-up!

May 4, 2015 • Rio Grande Fitness Center ONLY  
2312 Arenal Rd. SW, Albuquerque, NM 87105

## Categories:

- Most Weight Loss (male and female)
- Most Body Fat Loss (male and female)

All winners will be announced **August 10, 2015.**

For more information contact: Maria Rosetta-Serros at [marosetta@bernco.gov](mailto:marosetta@bernco.gov),  
John Smith at [jessmith@bernco.gov](mailto:jessmith@bernco.gov) or call (505) 314-0267



BERNALILLO COUNTY



WE'RE MORE THAN YOU THINK