

# NM center on law and poverty

## ARE YOU A LOW-INCOME PERSON WITHOUT CHILDREN?

**You may be able to get up to \$200 a month in food stamps!  
WORK REQUIREMENTS HAVE BEEN TEMPORARILY LIFTED**

- **The Food Stamp Program work requirements for single people have temporarily been lifted.** The work requirements have been lifted from April 1, 2009 through September 30, 2010.
- **You should not lose food stamps because of time limits.** There used to be a 3-month time limit on food stamps for some people ages 18-49 who did not meet work rules. The time limit has been lifted.
- **You should not lose benefits because of work rules.**
- **Single people can get up to \$200 a month in food stamps.** If you live with others, your household may be able to get even more than \$200 a month.
- **You can apply –**
  - at your local Income Support Division (ISD) office (call 1-888-476-3676 or see [www.hsd.state.nm.us/isd](http://www.hsd.state.nm.us/isd) to get the address), *or*
  - by mailing or faxing in an application (call 1-888-476-3676 and ask for an application to be sent to you or go to [www.hsd.state.nm.us/isd/apply.html](http://www.hsd.state.nm.us/isd/apply.html) to print out an application).

**If you are denied or cut off of benefits because of a food stamp work rule – or for any other reason - ask for a fair hearing.** You should request the hearing in writing and get a receipt. You can also call 1-800-432-6217 to request a hearing, but you should also give the written request to your ISD worker.

**If you need help with your fair hearing or are having a problem because of a food stamp work rule or time limit, call:**

- New Mexico Legal Aid 505-243-7871 (Albuquerque office), *or*
- New Mexico Center on Law and Poverty 505-255-2840

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